**KENDRIYA VIDYALAYA ONGC CAMBAY**

**Tentative Calendar of Adolescent Education Programme 2023-24**

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| **Sl. No** | **Month** | **Date** | **Theme** | **Activity** |
| **01** | **April** | **17.04.2023** | **Needs concern and realities of adolescence in India** | **Group Discussion** |
| **24.04.2023** | **Understanding Adolescence** | **Role Play** |
| **02** | **June** | **23.06.2023** | **Yoga Session** |  |
| **03** | **July** | **10.07.2023** | **Peer relationship, friendship** | **Debate** |
| **24.07.2023** | **Understanding and challenging stereotypes** | **Poster Making** |
| **04** | **August** | **08.08.2023** | **Nutritional needs & adolescence** | **Guest Lecture** |
| **20.08.2023** | **Understanding and challenging of domestic violence** | **Advocacy** |
| **05** | **September** | **04.09.2023** | **Substance abuse** | **Slogan Writing** |
| **18.09.2023** | **Myth & misconception about substance abuse** |  |
| **06** | **October** | **10.10.2023** | **Protection from substance drug abuse** | **Making own pocket book on substance abuse** |
| **07** | **November** | **07.11.2023** | **Life Skills development** |  |
| **28.11.2023** | **Relationship with parents and guardians** |  |
| **08** | **December** | **01.12.2023** | **HIV AIDS Transmission & Prevention** | **Procession on AIDS Day** |
| **01.12.2023** | **Question box activity on prevention of HIV AIDS** |  |
| **09** | **January** | **05.01.2024** | **Healthy Food habits** | **Guest Lecture** |
| **15.01.2024** | **Me and My Identity** |  |
| **10** | **February** | **05.02.2024** | **Gender and Biology** | **General Discussion** |
| **15.02.2023** | **Being Comfortable with the changes during adolescence** |  |