**KENDRIYA VIDYALAYA ONGC CAMBAY**

**ANNUAL CALENDAR FOR GAMES AND SPORTS 2023-24**

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| **S.NO.** | **MONTH** | **ACTIVITY** |
| 1 | **APRIL TO MAY** | * GENERAL FITNESS EXERCISE INTER HOUSE COMPETITION OF DIFFERENT GAMES
* VIDYALAYA LEVEL SPORTS COMPETITIONS
* SELECTION OF VIDYALAYA TEAMS/PLAYERS
* SUB-REGIONAL/REGIONAL SPORTS MEET
* PARTICIPATION IN FIT INDIA QUIZ AS AUDIENCE
* FITNESS KA DOSE AADHA GHUNTA ROZ
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| 2 | **JUNE TO JULY** | * DIFFERENT POSES OF YOGA THROUGH FIT INDIA MOBILE APP
* MENTAL FITNESS AND YOGA
* RHYTHMIC YOGA
* INTERNATIONAL YOGA DAY ON 21TH JUNE
* REGIONAL COACHING CAMP
* SKILL STRATEGY AND FITNESS DEVELOPMENT OF STUDENT IN VARIOUS GAMES AND SPORTS
* INDIGINEOUS GAMES
* DEVELOPMENT OF TECHNIQUE AND MATCH PRACTICE
* KVS NATIONAL SPORTS MEET
* FITNESS WEEK CELEBRATION (ONCE IN A MONTH)
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| 3 | **AUGUST** | * SBSB 1ST TEST
* FIRST MEDICAL CHEK UP
* INTER-HOUSE COMPETITIONS
* ORGANISING FIT INDIA FREEDOM RUN
* TRACK AND FIELD EVENTS
* RUNNIG JUMPING AND THROWING STYLE AND TECHANIQUE
* FITNESS WEEK CELEBRATION (ONCE IN A MONTH)
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| 4 | **SEPTEMBER** | * INTER-HOUSE COMPETITIONS
* FITNESS WEEK CELEBRATION (ONCE IN A MONTH)
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| 5 | **OCTOBER** | * ON 2ND OCTOBER “FIT INDIA PLOGGING RUN”
* INTER-HOUSE COMPETITIONS
* PREPARATIONS OF MARCHPASS
* PREPRATIONS FOR ANNUAL SPORTS MEET
* FITNESS WEEK CELEBRATION (ONCE IN A MONTH)
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| 6 | **NOVEMBER** | * PREPRATION FOR CMP SPORTS MEET
* PARTICIPATION IN CMP SPORTS MEET
* ANNUAL FITNESS WEEK CELEBRATION
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| 7 | **DECEMBER** | * INTER CLASS COMPETITIONS FOR PRIMARY SECTIONS
* FITNESS WEEK CELEBRATION (ONCE IN A MONTH)
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| 8 | **JANUARY** | * SBSB 2ND TEST
* SECOND MEDICAL CHECK UP
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| 9 | **FEBRUARY AND MARCH** | * GRADING OF GAME AND SPORTS
* PREPARATION AND PRACTICE OF REGIONAL SPORTS MEET 2020
* MARCHPASS
* FITNESS WEEK CELEBRATION (ONCE IN A MONTH)
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I/C GAMES & SPORTS PRINCIPAL

(T. PUSHPA REDDY)